Dementia Program
Improving quality of life for patients and caregivers living with the reality of dementia

Our dementia program is comprehensive approach based on the American Academy of Geriatric Physicians.
This state-of-the-art program includes...

Improved Cognition
- Comprehensive assessment by our speech therapist and development of an individualized plan-of-treatment to improve language and memory.
- Assessment of the environment by an occupational therapist to develop home modifications that will improve cognition.

Medication Management
- All medications reviewed by an RN and assessed for medication interactions
- Complimentary pill box to manage medication.
- Lab draws as needed to manage anti-dementia drugs.

Safety Assessment/Fall Prevention
- Comprehensive assessment by a physical therapist to improve balance and gait.
- Fall prevention training and monitoring

Management of Common Disease Processes that Contribute to and Exacerbate Dementia
- Difficulty sleeping
- Depression
- Dehydration
- Pain
- Cardiac problems
- Urinary tract infections
- Fecal impactions

Caregiver Education
- State-of-the-art tour of dementia allows caregivers to experience the effects of dementia first-hand.
- Assistance in selecting the appropriate needed community resources and support information.

Additional services offered by Pinnacle Senior Care…

✓ Bowel and bladder training for patients experiencing incontinence.
✓ Assessment and collaboration with patient’s physician to manage anxiety and sleep disturbances.
✓ Dietary instructions and modifications for patients experiencing decreased appetite or difficulty swallowing.
✓ Medical social services for community resources which include dementia support groups for caregivers and loved ones.
✓ Lab work as ordered by a physician to monitor medication therapy.
✓ Home health aides to assist with daily activities such as bathing and dressing.

What can be done to improve the quality of life for patients living with dementia?

✓ Structure the environment
Research shows that dementia patients respond best to routine.

✓ Provide reality orientation
Place clocks, radios, and calendars in living space.

✓ Provide security
Lower voice volume, distract and redirect as needed.

✓ Control anxiety
Use low lights and soft music, as well as therapeutic touch and massage.

✓ Validation therapy
Do not argue with the patient. Use video and audio tapes to reorient patient if necessary.

✓ Provide activities
Art, music, and puzzles have all proven to slow progression and decrease anxiety.

✓ Provide for safety in the home
Our dementia trained experts can make recommendations for environment changes and safety monitoring equipment.

Pinnacle Senior Care is a certified home health agency that provides a variety of home and community based services, which are delivered to disabled, recovering, chronically or terminally ill persons in need of assistance.